



RESILIENCE
ADVOCATES FOR ENDING VIOLENCE™

Equine-Assisted Therapy Group

A unique therapy experience for survivors of sexual assault

Friday, October 31st 4PM - 5:30PM

Experience ground-based activities with horses that will focus on mindfulness for survivors of sexual assault.

Blending psychoeducation and the presence of horses, this group offers a unique chance for growth and reflection. No prior horse experience necessary—just an open heart and mind.

**Space is limited and registration required
by October 29th.**

Please wear close-toed shoes.

For more info & to register:

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