



Healing
from abuse
is a journey

Committed to Ending Domestic and Sexual Violence

RESILIENCE
ADVOCATES FOR ENDING VIOLENCE™



Together, we are resilient.



From the Executive Director

Thank you for taking time to review our Annual Report for Fiscal Year 2020. The challenges presented to us in 2020 affirmed how resilient we truly are.

In March of 2020, six months into our fiscal year, we were faced with the unthinkable—determining how we would continue to serve survivors of domestic and sexual violence while being forced to isolate. What we initially assumed would be a few weeks of virtual service turned into months. Our incredible team rose to the challenge. When you review our service numbers in this report, you will see that many of our services increased as a result of the pandemic. What isn't obvious in the service data is the alarming increase in the severity of violence we witnessed during the pandemic and the seemingly insurmountable obstacles survivors and their children overcame every step of the way. Most notably, emergency shelter stays increased

by 30% with the use of alternative safe locations while our shelter facility operated at capacity.

If you are reading this, it is because you care as well. We were able to meet the increase in demand this year because you stood alongside us every step of the way. Thank you for supporting survivors and their children. I know that, together, we can respond to, reduce, and prevent domestic and sexual violence in our community.

In solidarity,



Beth Larsen, Executive Director



RESILIENCE

ADVOCATES FOR ENDING VIOLENCE™

We are building a
resilient community.



Services to the Community for Domestic and Sexual Abuse

Crisis Intervention

- 24-hour help line
- Emergency safe shelter
- Sexual assault exams
- Emergency walk-in services

Supportive Services

- Case management
- Supportive housing
- Legal advocacy
- Support groups for adults and children
- Trauma therapy for adults and children
- Wardrobe

Prevention

- Coaching Boys into Men
- Engaging Men as Allies
- LIVERESPECT Coaching Healthy and Respectful Manhood
- School violence prevention, including educator training and curriculum lending

Training

- Resilient Spaces
- Domestic Violence 101

A Pandemic Within a Pandemic

In March of 2020, Resilience staff came together to figure out how we could continue our work while having to isolate. Fortunately, we were able to pivot how we serve survivors. What we didn't realize was how survivors would be affected by the virus and isolation. We began to see increased requests for emergency safe shelter while our shelter was full. The rise in domestic violence was being reported across the globe. **Domestic violence became a pandemic within a pandemic.**

We were able to find alternative locations for survivors who were at an increased risk of domestic violence homicide. Thanks to supporters, we continue to provide this service and will until the pandemic slows.



At this time, all services to survivors and their children continue to be provided via telehealth. Our goal is not to disrupt services, but to diminish the spread of the virus. Our staff, who can, are working remotely. Our comprehensive services to survivors and their children are continuing, uninterrupted. Virtual therapy, case management, legal advocacy, support groups, and advocacy are available. Our 24-hour Help Line, emergency shelter, and sexual assault forensic exam program continue to operate as normal.

Leaving a Legacy to Resilience

In 2020, Resilience received several gifts through the estates of donors. Legacy gifts can be directed to the agency's endowment or to programs and services. We are grateful to those who saw the need to continue this work long after they have passed.

Thank you!



What is Your Legacy?

As you consider your philanthropic legacy, we invite you to support survivors and their families in our lakeshore communities. The call to end domestic violence and sexual assault in Ottawa and Allegan counties is loud and clear, but the problem itself is complex.

The good news is that we are the experts at this. With our 43-year history of helping victims and preventing violence, we know what needs to be done and how to do it right. We also know rebuilding lives is a long, complex process. Your legacy gift will have lasting impact on thousands of individuals in the Ottawa and Allegan country area.

What is Legacy Giving?

Simply put, legacy giving, or planned giving is the transfer of assets to a nonprofit organization during a lifetime as part of an estate plan. It is a forward-thinking approach to giving because it involves the gifting of assets that are often not liquid, have tax consequences, and are generally transferred via a will or other written means.



Naming: Resilience: Advocates for Ending Violence as a beneficiary

Official Name: Resilience: Advocates for Ending Violence

Address: 411 Butternut Drive,
Holland, MI 49424

Making a Difference

2019 Community Center Grand Haven

Resilience hosted the second annual Making a Difference event in December at the Grand Haven Community Center. Thanks to area restaurants for donating hors d'oeuvre-size portions of their favorite menu items! Beth Larsen presented the Domestic Violence High Risk Team concept at this event and the program continues with partners from local law enforcement, prosecution and the courts.

Thank you!



RISE

VIRTUAL FUNDRAISER & AUCTION

First ever virtual fundraiser event RISE

The pandemic forced many non-profits to think of innovative ways to raise awareness and contributions. When it became clear that we could not host our 28th annual Reach Gala & Auction in person, we shifted our efforts to host our very first virtual event, named Rise.

The event unveiled the agency's new video, we talked about our workplace and personal care training program, Resilient Spaces, and held a virtual silent auction and raffle.

The event raised \$85,000! Thanks to all who attended, made donations and were able to win great prizes!

Thank you!



Watch our video by
scanning the QR code
above with your cell phone.



The very first time my partner was physically violent, he tried to kill me. As a result of my injuries, I was unable to work, so I couldn't afford the rent I was paying. After an exhausting apartment search (with school-aged kids during a pandemic), I finally found one I could afford. However, since I wasn't yet back to work, the landlord required that I pay a significant amount in advance, and I didn't have it. My incredible advocate stepped in and connected with other community organizations to pay the hefty fees and make sure that I didn't miss out on the opportunity to have a safe place to call home.

Because of Resilience, I can focus on healing my body and my mind so that I can be the best mother to my children. I now can take my time finding a job that will actually pay my bills and I will enjoy. The help I've gotten from Resilience has given me so much peace of mind.

“She is an incredible mother and has worked so hard to make sure her children are taken care of in the most trauma-informed way. She wants to learn everything she can in order to help them learn that what happened to her should NEVER happen to them. Her resilience is awe-inspiring.”

—Quote from survivor's advocate

Visit our blog page

Domestic violence and sexual assault are complicated issues. Resilience is fortunate to have a team of experts equipped with the knowledge and skills necessary to respond to, reduce, and prevent domestic violence and sexual assault.



To learn more about this work,
we invite you to visit our Blog Page
resiliencemi.org/blog to learn more.



Sexual Assault Stereotypes & Stigmas resiliencemi.org/stereotypes



Hair Salons Offer Lifelines for Survivors of Domestic Violence resiliencemi.org/salons-offer-lifeline



Supportive Housing Creates Safer Futures resiliencemi.org/safer-futures



Defining Masculinity: The Power of Vulnerability resiliencemi.org/the-power-of-vulnerability



Volunteers make a difference

College Interns Learning and Leading

Each year, Resilience hosts interns from area universities. Interns are extremely helpful in working directly with survivors in a variety of areas. Master's level interns are trained and engaged with survivors. They learn their trade from Resilience MSW expert therapists. Some volunteer in the safe shelter and many learn the aspects of supporting survivors through advocacy and case management.

We are proud to partner with Hope College, Grand Valley State University, Western Michigan University, University of Iowa, and Spring Arbor University in this 2019/2020 academic year. We are honored that these partners entrusted their students with Resilience staff supervisors as a worthy education placement.

4

Bachelor's
level interns

6

Master's
level interns



2,809
Total hours
of service in:

- Prevention
- Domestic & Sexual Advocacy
- Emergency Safe Shelter Advocacy
- Individual Case Management
- Support Group Facilitation
- Child Care
- Community Outreach
- Children's Therapy
- 24-Hour Help Line

Community Volunteers

We'd like to express our appreciation for the many volunteers able to continue their service throughout a very difficult year. We feel extremely fortunate to have had **over 80 individuals contribute their time and expertise**, while facing constant changes and challenges in their own lives. Although the total number of volunteers dropped significantly with many of our volunteer opportunities temporarily shut down, many volunteers stepped in when it was safe to do so. They answered our plea for help to serve an overwhelming increase of people in need of Resilience's services. Despite rigorous safety protocols, volunteers that were able, stayed engaged by covering shifts on the helpline, stocking pantry shelves, offering facility maintenance, dispersing items of need, providing administrative assistance, and giving families the ability to celebrate through the holidays. In addition, we were grateful for the ability to stay connected with volunteers remotely, continuing our work through the guidance of our board and councils.



Looking forward, we are eager to have our volunteers return and are encouraged by those still inquiring about our volunteer opportunities. Please contact Sherry Martens with questions or refer to our website for current volunteer positions and training schedules.



Hair Stylists from Loca in GR



GVSU Dance Troupe



Holland Junior Welfare League



Thank you!

FY2020

Year in Review

8,269

Nights provided
of emergency shelter

Average stay is 57 nights

158

People in
safe shelter

70 Adults & 88 Children

99

Individuals engaged
in trauma therapy

28 Children
33 Adult Domestic Violence
38 Adult Sexual Assault

51

Sexual assault
forensic exams

22,271

Supportive
housing nights

37 Adults & 74 Children

2,412

Help line calls

311

Walk-ins

3804

Communities Reached

Number of Participants

892	College/University
681	Faith Communities
180	Business/Chamber/Rotary
274	Community Orgs/ Professionals
767	General Public
20	K12 Schools
970	Task Force / Systems

9

School districts

Engaged in violence
prevention programming

138

Students

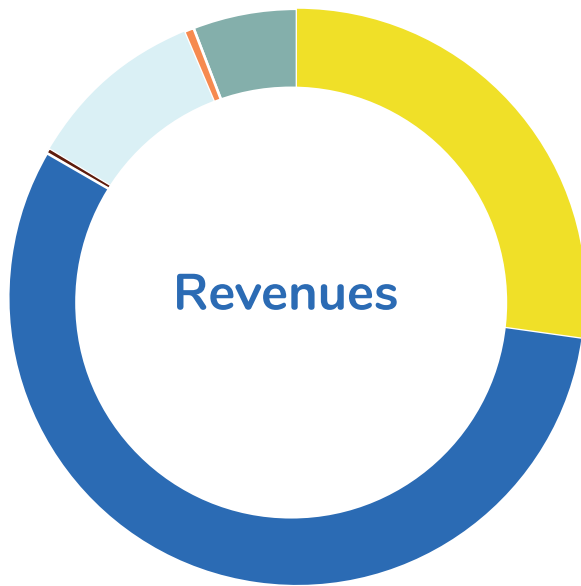
Participating in LIVERESPECT,
Coaching Boys into Men,
& Athletes as Leaders

896

Girls

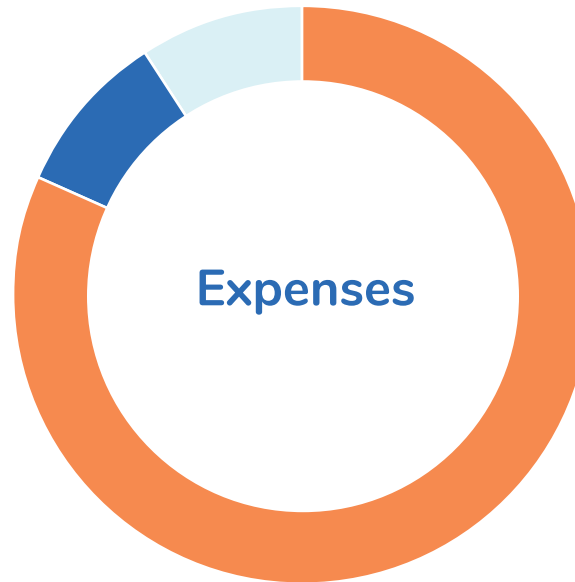
Participating in
Girls on the Run

2020 Financials



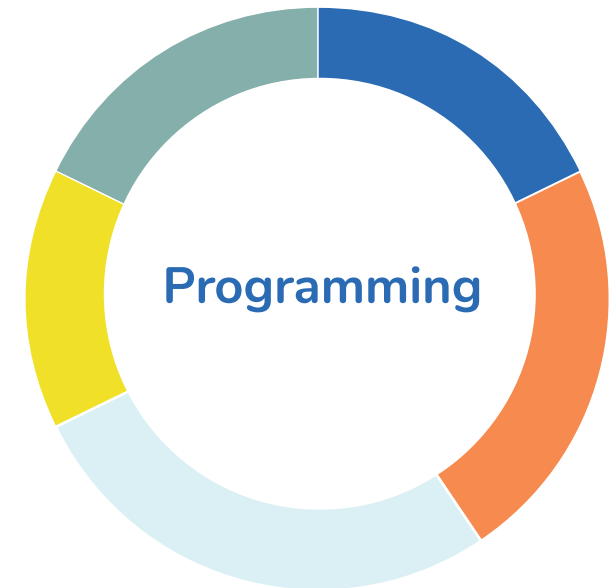
Contributions	\$743,493
Grants and United Way	\$1,343,832
Fees	\$6,650
Designated Awards	\$262,292
Other	\$12,274
Forward Together	\$145,952

Total Operating Revenue **\$2,514,493**



Program Services	\$2,208,522
Fundraising	\$224,947
Management General Administration	\$216,085

Total Operating Expenses **\$2,716,442**
Change in Net Assets **-\$201,949**



Supportive Housing	\$407,260
Advocacy and Trauma Therapy	\$510,410
Safe Shelter	\$615,185
Sexual Assault	\$329,224
Prevention	\$346,443

Total Programming **\$2,208,522**

Our Mission

Respond to, reduce, and prevent domestic and sexual violence in Ottawa and Allegan counties.



Holland Program Center
and Administrative Offices
411 Butternut Drive
Holland, MI 49424
Business Line: 616.392.2829

Grand Haven Satellite Office
300 N. Ferry Street
Grand Haven, MI 49417

Allegan Satellite Office
151 Brady St, Allegan, MI 49010

24-hour Help Line
For immediate
support, call us at
616.392.1970
or 800.848.5991

En Español:
616.355.9755
or 866.728.2131

Safe email:
GinnyP411@gmail.com

www.resiliencemi.org
facebook.com/resiliencemi
instagram.com/resiliencemi
linkedin.com/company/resilienceottawaallegan



**SAFE SPACE
FOR EVERYONE**

**United Way
of the Lakeshore**



RESILIENCE

ADVOCATES FOR ENDING VIOLENCE™

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Megan Hennessey, LMSW, Program Director
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