







Resilience is a safe space for ALL survivors.





#### Check-in

Our front entry to the lobby is automatically locked for your safety and ours. When you arrive, our receptionist will unlock the door to let you in. Please check in with the receptionist. Please note that though you may be asked to complete some paperwork, all Resilience services are free and confidential.









There are three accessible and gender neutral restrooms at our Holland Program Office. Changing tables available in all three.





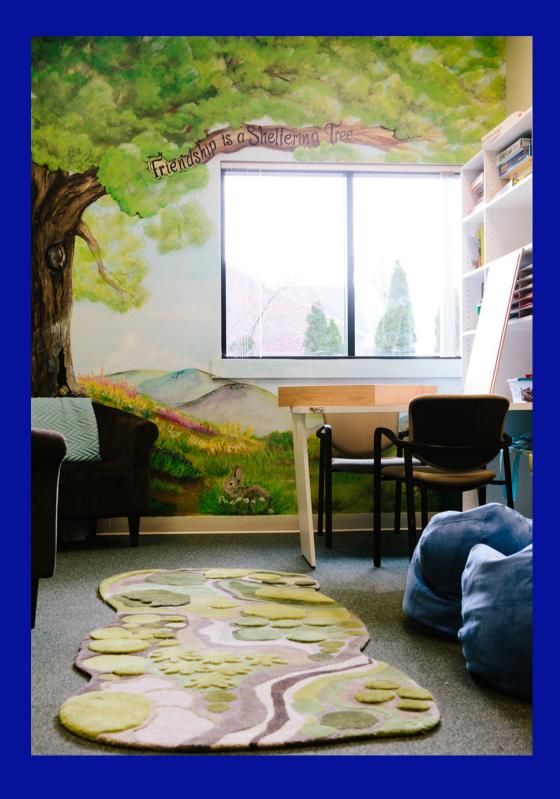


Our larger rooms are typically used for therapy appointments and support groups.

# Children's Therapy

Our trauma-informed children's therapy programming allows kids that have witnessed domestic violence to learn how to cope with negative feelings and/or behaviors.

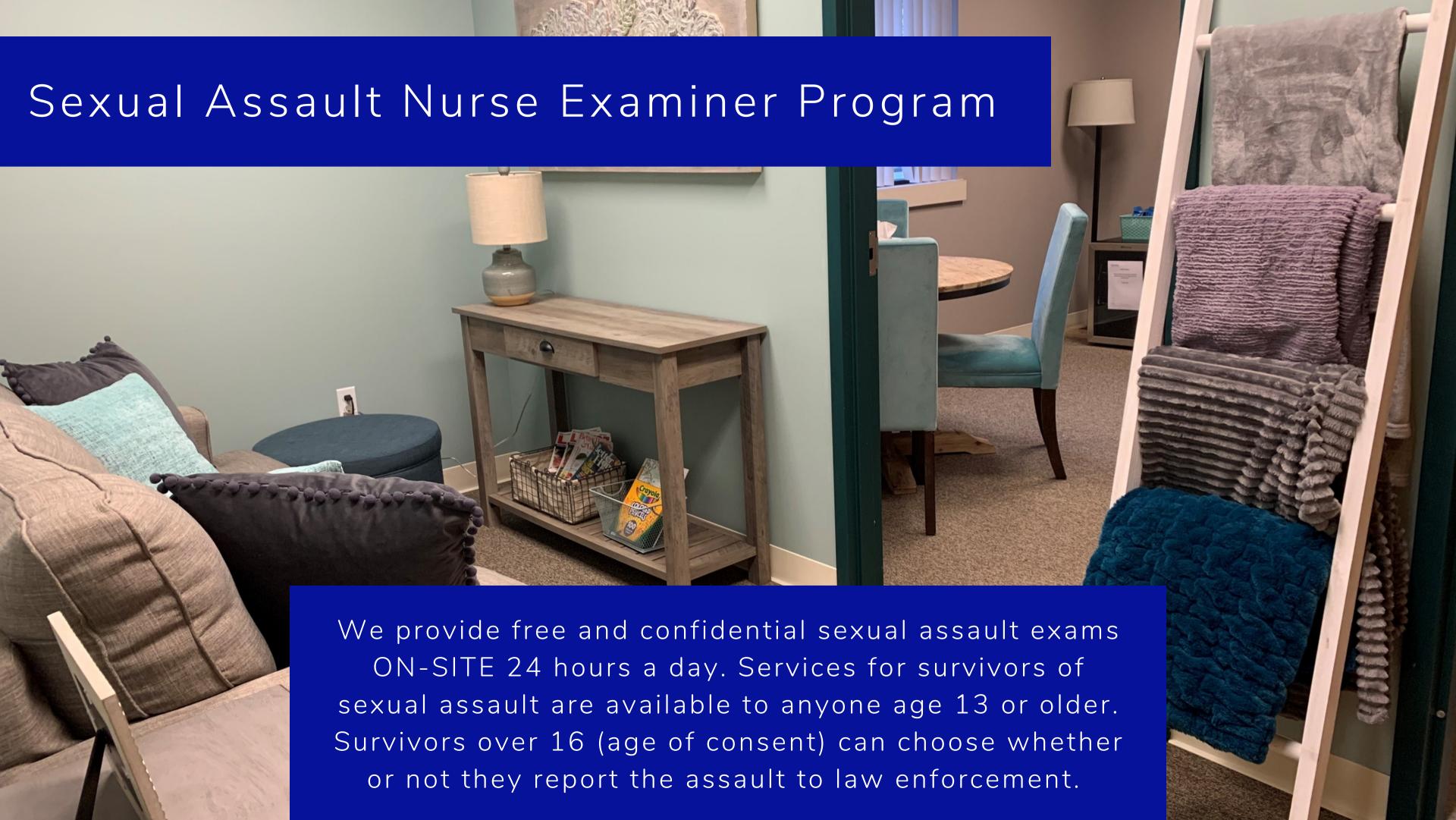


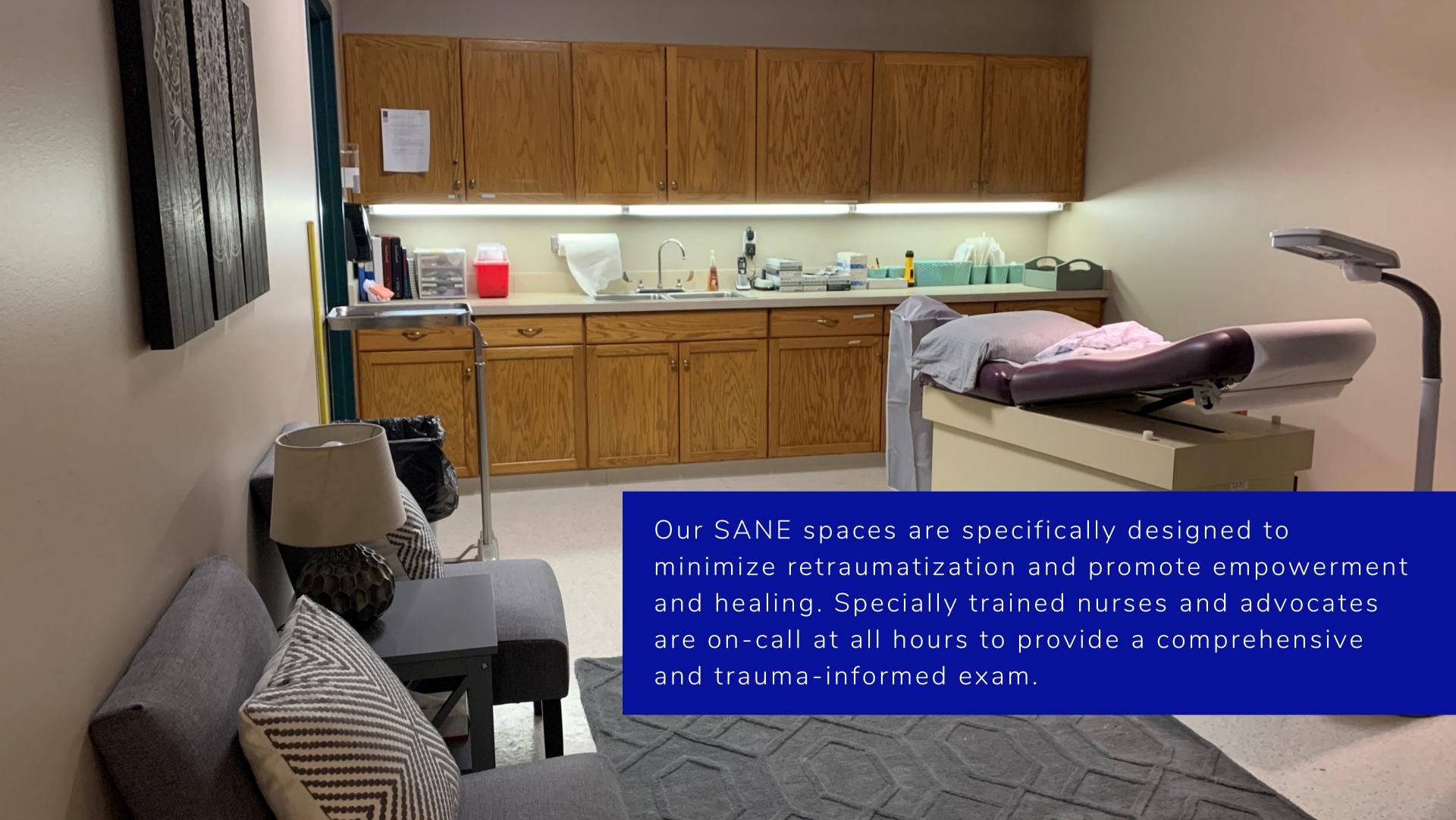


#### Children's Playroom

Resilience often provides free childcare during our in-person Support Groups. Volunteers play games with the kids while parents attend support group.











Wendy's Attic provides assistance with household items, food, personal care products, and more to survivors. Please note that this program relies on community donations and may not always be fully stocked.

### Wendy's Attic



We know coming to Resilience may be a hard step to take.

We are here to help you through it.

## RESILIENCE

ADVOCATES FOR ENDING VIOLENCE™

24-Hour Help Line at 800.848.5991

En Español 866.728.2131

E-mail: GinnyP411@gmail.com

ResilienceMl.org

www.instagram.com/resiliencemi/www.facebook.com/resilienceMl/

