

RESILIENCE

ADVOCATES FOR ENDING VIOLENCE™

A Safe Space for Sexual Assault Survivors

5 Week Educational Series for Survivors

WEDNESDAYS 6-7PM VIA ZOOM

March 1: Trauma and the Body

March 8: Myths and Facts

March 15: Shame

March 22: Dissociation & Coping Strategies

March 29: Closure and Self Care

*Please plan to attend at least 4 of the 5 sessions

To register:

MaddieV@ResilienceMI.org

616-494-1740

SAFE SPACE
FOR EVERYONE 