

Resilience: Advocates for Ending Violence

New Entry Training Agenda

This training is mandatory for onboarding new staff, interns, and volunteers. Participants will learn about Resilience programs and services and increase their knowledge to support survivors of domestic and sexual violence. New Entry Training occurs annually in a hybrid format (virtual & in-person) in January, May, and September.

- ❖ Contact Christina Scarpino at ChristinaS@ResilienceMI.org for more information about how to become a volunteer.
- ❖ Contact Lesley Coghill at Prevention@ResilienceMI.org to apply for an internship for 2024.

Session One - Tuesday, September 5, 2023, 6:00pm – 9:00pm

6:00-6:45pm – Welcome & General Overview of Agency Services

Lesley, Prevention & Systems Change Manager will welcome new volunteers, staff, and interns. Mission, Vision, and Values will be shared as well as a brief history of the agency. General overview of the agency's programs and services, highlighting volunteer opportunities.

Beth Larsen, Executive Director will discuss confidentiality and ethical concerns.

6:45-7:30pm – Development & Documentation

Christina, Director of Development will introduce the agency's development department, fundraising events, and agency branding.

Teresa, Grants and Statistics Coordinator will demonstrate the proper way to complete the volunteer/intern timesheet and its importance to the agency. In addition, she will introduce the volunteer receptionist opportunities.

7:30-9:00pm – The Survivor Centered Approach

Krystal, Clinical Services Supervisor will present on the agency's philosophy on our trauma-informed, empowerment based, survivor-centered programming. Staff will utilize group activities, discussion, and multi-media to highlight areas of cultural factors/barriers related to DV/SA, introduction of the trauma lens and empathy/empowerment principles.

Session Two - Wednesday, September 6, 2023, 6:00pm-9:00pm

6:00-7:00pm – Domestic Violence

Sarah, Trauma Therapist will present information on the dynamics of domestic violence, including the power and control wheel, the cycle of violence, and why victims stay in abusive relationships. These are critical issues to understand when considering the Center's role in the community and the lives of individuals we serve.

7:00-8:00pm – Children of Domestic Violence

Caitlyn, Trauma Therapist will present the impact on children who witness the effects of domestic violence in their home. In addition, she will share ways that staff and volunteers support the children in recovering from traumatic experiences.

8:00-9:00pm – Sexual Assault

Megan, Program Director will present on the dynamics of sexual assault by examining the myths and the actual realities surrounding the crime of sexual assault, as well as how this crime affects the victims and their families.

Session Three - Thursday, September 7, 2023, 6:00pm-9:00pm

6:00-8:30pm – Roots of Domestic and Sexual Violence & Prevention Programming

Lesley, Prevention & Systems Change Manager and *Brad, Men As Allies Coordinator* will present on how culture affects us and the historical underlying factors that contribute to domestic and sexual violence. They will explore gender socialization and stereotypes that support sexism and violence. Lesley will share about the agency's commitment to prevention and education.

8:30-9:00pm – Secondary Trauma & Self-Care

Rickey, MSW Therapy Intern will talk about the importance of self-care and asking for help. We will define secondary trauma and explore the ways it may impact us. Self-care ideas and tools will be provided.

Session Four - Monday, September 11, 2023, 6:00pm-9:00pm

6:00-6:30pm – Supportive Housing Program

Barb, Supportive Housing Advocate, will share a brief overview of the agency's supportive housing program, sharing success stories as well as the process.

6:30-9:00pm – Determining Danger & Legal Issues

Suzanne, Crisis & Supportive Services Coordinator will lead a discussion on understanding batterers, lethality indicators, and safety planning. She will also discuss personal protection orders (PPO), victims' rights and Michigan Laws regarding domestic violence and sexual assault. Systems Change will be presented.

Session Five - Tuesday, September 12, 2023, 6:00pm-9:00pm

6:00-6:30pm – Shelter “Ginny’s Place”

Sara, Lead Shelter Assistant will present information on shelter operations and volunteer needs at shelter. Issues of confidentiality and security will be highlighted. A virtual tour of the shelter facility will be given.

6:30-8:00pm – SANE Program and Sexual Assault Volunteer Training

Beth, SANE Coordinator and Maddie, Sexual Assault Survivor Specialist will lead a conversation on the roles of a Sexual Assault Advocate and discuss the SANE program, medical exam and answer questions pertaining to SANE exams.

8:00-9:00pm – Basic Principles of the Help Line & Community Resources

Suzanne, Crisis & Supportive Services Coordinator will discuss community area resources and how to respond to various situations presented on the help line. In addition, many helpful tools will be discussed in providing a positive intervention.

Session Six - Wednesday, September 13, 2023, 6:00pm-9:00pm

In-Person Only

6:00-9:00pm – Help Line Q & A / After Hours Procedures

Suzanne, Crisis & Supportive Services Coordinator will facilitate help line role playing, providing a time for all participants to increase confidence during crisis situations. The Help Line after hours procedures will be reviewed.