

OCTOBER IS DOMESTIC VIOLENCE AWARENESS MONTH



RESILIENCE

ADVOCATES FOR ENDING VIOLENCE™

Celebrating a
Landmark Investment in
Victim Services



Subcommittee on Health and Human Services

Public comment on the FY 2023-24 Executive Budget Recommendation for the Department of Health and Human Services (DHHS).



We are thrilled to share some incredible news!

Governor Whitmer's fiscal year 2024 budget has approved a groundbreaking \$27 million for victim services – **one of Michigan's largest and most historic investments in services for crime victims and survivors.**

While we cherish this moment, we are also aware of the challenges ahead. Like many other organizations in our state, we rely on federal grants from The Victims of Crime Act, and we're bracing for a potential 30% cut in funding – the very grant that forms the backbone of our initiatives. **These reductions won't just impact us, but our fellow sister agencies that are dedicated to helping families escape abuse.**

Amidst these challenges, we have some uplifting news to share! **We want to extend our heartfelt appreciation to our exceptional leadership team, especially Beth Larsen,** whose unwavering strength and visionary planning have been instrumental in navigating federal and state funding challenges for the future of our agency.

Additionally, we want to express our gratitude to our Program Director, Megan Hennessey, for her relentless advocacy efforts. **Megan's passion and advocacy in Lansing on behalf of survivors led to a significant breakthrough at the State level.** Through her dedication, Megan successfully persuaded the State of Michigan's Appropriations Committee to include Domestic Violence agencies in the General State Budget for the first time in history. This remarkable achievement has resulted in a \$27 million allocation to support our collective efforts.

This crucial funding will be distributed among all the Domestic Violence and Children's Advocacy Centers across our state, making a substantial impact on our ability to serve those in need. Megan's hard work and dedication have been nothing short of inspiring, and we invite you all to join us in thanking her for her outstanding contributions.

As we face the challenges of potential funding cuts, Governor Whitmer's investment comes as a lifeline for agencies providing critical services for victims of domestic violence, sexual assault, child abuse, and human trafficking. **Together, with the State's support, we will continue to provide consistent, compassionate, and reliable services to anyone in our community who may need it.**

We are immensely grateful to Governor Whitmer and to the leaders in Michigan who prioritize the needs of survivors and took concrete action to secure critical program funding. With your unwavering support, we are making a tangible difference in the lives of survivors and their families.

As we move forward, we know that together, we can overcome any challenge and bring hope and healing to those who have suffered. Your support has brought us to this moment, and we can't wait to continue this journey with all of you.

Thank you for being a part of our mission to end violence and create a safer, more compassionate world for all.

Your support truly makes a difference.

Ending Domestic & Sexual Violence

Starts With Teaching Healthy Relationships Early On

CHAMPIONS OF HEALTHY MANHOOD

Strict gender norms hurt all of us. As a root cause of violence against women, these norms also negatively impact the physical, emotional, and societal well-being of men and boys.



The goal of the Champions of Healthy Manhood (CHM) program is to **support the development of men as mentors and leaders in violence prevention**

by pursuing, modeling, and promoting healthy and respectful manhood in our community.

Together, we can build a future free from violence.

“As men, we can accept what we’ve been told to be, or we can be the stars of our own stories. I, for one, know what I choose. As you join me on this journey, I offer grace and understanding as we evolve together. Come as you are and be prepared to leave as a part of something greater.”

- Blake Andrea, Champion of Healthy Manhood

To learn more about our Champions of Healthy Manhood program and how you can join the team, contact BradH@ResilienceMI.org

COACHING HEALTHY & RESPECTFUL MANHOOD IN OUR LOCAL SCHOOLS

Champions of Healthy Manhood has been integrated into local schools, where it **shapes the worldviews and cultivates life skills in young men within our community.**



Centered on 3 national curricula and boys ages 10-18, this program incorporates evidence-based lessons that have been proven to promote healthy attitudes and behaviors.

The program centers on topics related to mental health,

violence prevention, leadership development, and healthy relationships.

At the end of each session, we present the Champion of Healthy Manhood Award to exemplary young men. These individuals set themselves apart by actively **discouraging misogynistic language, openly discussing their emotions while embracing vulnerability, and fearlessly championing what is just**, even if it means standing alone. They serve as exemplary leaders within the group, and their unwavering empathy, courage, and allyship fill us with immense pride.

"I cannot say enough how powerful this has been in my classroom. ALL young men need to go through this program."

– Cara Montgomery,
Harbor Lights Middle School Teacher

COACHING BOYS INTO MEN (CBIM) IS IN FULL SWING THIS FALL!

CBIM is a violence prevention program that trains and motivates high school coaches to teach their young male athletes healthy relationship skills, mental health practices, and that violence never equals strength.

By leveraging the power of sports, CBIM can transform the culture of our teams, schools, and communities.

Current teams include:

- + Holland Varsity Soccer
- + Holland Varsity Tennis
- + West Ottawa Freshmen Football

If you are interested in bringing our youth program to your school, church, or organization, please contact BradH@ResilienceMI.org to learn more.

I love my players, and helping them become more responsible, sensitive young men is an important opportunity. I would highly recommend the program to any coach or mentor."

– Coach Greg Ceithaml,
Holland High Varsity Soccer Coach

**We reached over 800 students during the
2022-23 school year (6th-12th grade)**

Special thanks to our school partners:

Holland High School, West Ottawa High School,
Harbor Lights Middle School, Macatawa Bay Middle School,
and Hope College TRIO Upward Bound

FALL WEBINARS

This Fall, we are offering a variety of educational webinars that have been approved for Social Work CEs. Learn more at www.ResilienceMI.org/training.

01 Understanding and Screening for Domestic Violence

Tuesday, October 10, 2023
1:00-5:00 PM EDT
4 CEs

03 Therapeutic Interventions for Children Who Have Witnessed Domestic Violence

Tuesday, October 24, 2023
10:00 AM-12:00 PM EDT
2 CEs

02 Strangulation in Intimate Partner Violence

Tuesday, October 17, 2023
10:00-11:30 AM EDT
1.5 CEs

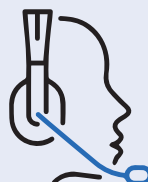


Learn more
and register for
trainings online.



It's not your fault. You are not alone.

If you or someone you know has been affected by domestic or sexual violence, **help is available 24/7.**



Help Line: 1-800-848-5991
Toll-Free: 616-392-1970
Spanish: 1-866-728-2131
E-mail: GinnyP411@gmail.com



FALL SUPPORT GROUPS & WORKSHOPS

Support groups provide a safe place for folks to come together, share stories, and support one another through the healing process.

For current group dates and times, please call the Help Line at [1-800-848-5991](tel:1-800-848-5991).

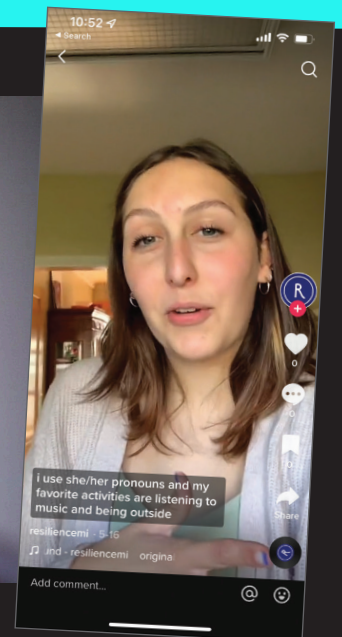
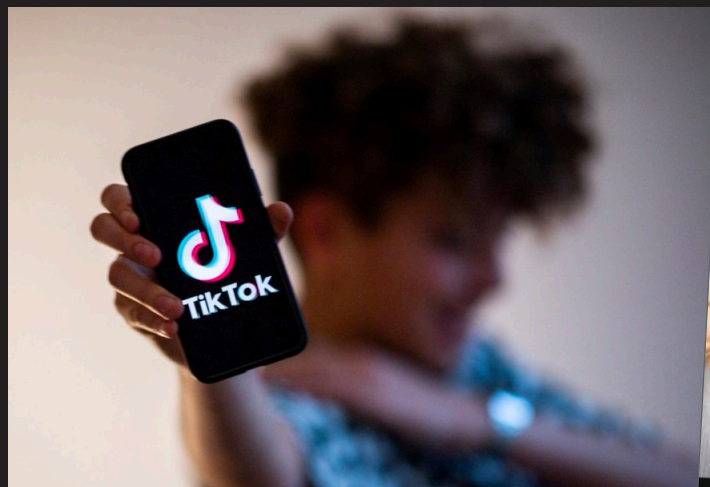
ONGOING

- 01 Domestic Violence Support Groups**
Tuesdays at 11AM and/or 5:30PM
- 02 Sexual Assault Support Groups**
Tuesdays at 4:30PM
- 03 Trauma Sensitive Yoga**
Thursdays at 11AM
- 04 Financial Empowerment Workshop**
Tuesdays at 10:30AM

SAVE THE DATE

- 01 Coping Skills Workshop**
Monday, October 23 at 11AM & 4:30PM
- 02 Workshop on Spirituality and Abuse**
Thursday, November 2 at 5:30PM
- 03 Navigating the Holidays Workshop**
Tuesday, November 14 at 5:30PM

Tell a Teen
in Your Life...
We're on TikTok!
[@ResilienceMI](https://www.tiktok.com/@ResilienceMI)



SURVIVOR STORY

Shatter the Silence. Share the Strength.



**“I couldn’t believe
I became the 1 in 4.”**

*The following is an inspiring excerpt
from Elissa’s speech at Blue Star Bash:*



Her name: BOBBI

I could hear him scream her name as she ran down the hill and away from him. I was 7 years old, and this was my first ever interaction with domestic violence. Bobbi eventually ended up in the grassy front yard of my childhood home while her abuser stood over top of her, screaming and kicking her. I remember my mom yelling at my sister and I to stay inside while she hastily put on her shoes and ran outside putting herself in between Bobbi and her abuser. I watched the entire terrifying scene play out from our kitchen window.

Her name: STACY COLLINS

The main character in the movie, *No One Would Tell*. I watched as her relationship quickly turned abusive and later deadly on the tv of my sophomore sociology class, slightly annoyed the entire time because in my mind... because me? I was way too smart to ever end up in a situation like that.

Her name: BETH

A good friend who called me in tears after her and her boyfriend, an army vet known for his temper, had gotten into a fight over a remote control while he held a knife to her throat. I was angry that she was getting treated so terribly, but I was also questioning, why doesn't she leave?

My name: ELISSA

"I never expected that I would become that 1 in 4."

Learn more about how Elissa is using her experience to help other survivors: www.itsyourstorytotell.com/coach-elissa-swihart



Watch Elissa's full speech by scanning the QR code below. We extend a heartfelt thanks for her incredible contribution.

RESPOND

Sending supportive messages to Survivors at **National Night Out**



A photograph showing three staff members (two women and one man) standing behind a wooden cart filled with several white plastic baskets. The baskets are overflowing with various supplies, including paper plates, paper cups, napkins, and other disposable items. The setting appears to be a classroom or a common area, with large windows in the background showing greenery outside. The staff members are smiling at the camera.



10



Nurturing Talent, Creating Change

Join us in celebrating our 2022-23 Internship Program

Resilience hosted **15** interns

during the '22/23 school year

3 Psychology Doctoral Candidates

1 Master's in Social Work

1 Master's in Public Health

4 Master's in Forensic Nursing

6 Bachelor's in Social Work & Psychology



8 Participating Educational Institutes

Grand Rapids Community College

Western Michigan University

Michigan School of Psychology

Fitchburg State University

Ohio State University

Grand Valley State University

Hope College

Oakland University

To apply to become an intern or to
learn more about our internship program,
visit ResilienceMI.org/internships



Our Amazing Interns Supported Vital Programs:

24/7 Help Line / Walk-in Advocacy

Sexual Assault Nursing/Advocacy

Domestic Violence Therapy

Sexual Assault Therapy

Children's Therapy

Support Groups

Community Outreach

Champions of Healthy Manhood

Youth Leadership Board

Coffee with a Therapist

Supportive Housing Advocacy

Reception Desk

UNDER THE DIRECTION OF:

11

Resilience
Staff Supervisors



1

Professional Volunteer
Doctorate Supervisor

3,365

TOTAL HOURS SERVED

thank you!

Through Your Generous Support...

denim & desserts

BLUE STAR
Bash

...raised a combined **\$102,000**

In April, the inaugural **Denim & Desserts** fundraiser at Boatwerks featured live auctions, dessert raffles, delicious bites and more!

July brought our 2nd annual **Blue Star Bash** with live music, raffles, a silent auction, food trucks, and a signature cocktail.

Collectively, these events raised over \$102,000 to support survivors.

—

We are looking forward to hosting our **first ever Purple Party** Team Trivia Night at The Little Red Barn in Nunica on Thursday, October 5. Find more information about our events at ResilienceMI.org/events



OUR WORK IS MADE POSSIBLE BY THESE INCREDIBLE SPONSORS

Empowerment Partner



Resilience Ambassadors



HAWORTH Helps

Bob & Linda Rynbrandt

Healing Champions



Laurie Birkholz, DeKock Family Foundation, Andrea & Justin Genzink,
Sam and Jean Martin, Laketown Township

Hope Advocates

Kowalski Granite, Worksighted, DeNooyer,
Trans-matic, Landscape Design Services,
Gentex, Lake Michigan Credit Union

Star Supporters

Cliff Burgess, Dale & Cathy Dykema, Dr. Lana Zarlenga, Dri-Design, First National Bank of Michigan, Gun Lake Casino,
Holland Doctors of Audiology, Macatawa Bank, MKS Wealth Advisors of Raymond James, Sjaarda Home & Properties,
Mark & Robyn Hofmeyer, Intricate Grinding



Join The Resilience Legacy Society (RLS)

RLS members are generous donors committed to ensuring that our work continues into the future.

You can make a legacy commitment and join RLS by naming Resilience as a beneficiary of your will or life insurance policy, or by gifting specific assets (property, stock, etc.).

Members experience a wide variety of benefits, including invitations to exclusive events and public recognition (or you may choose to remain anonymous), and special updates throughout the year.



To leave a lasting legacy for generations to come, contact Christina Scarpino, Development Director: ChristinaS@ResilienceMI.org

Financial Strain

is one of the main reasons victims return to their abuser.

Resilience's Safe Nights campaign generates crucial financial support for survivors facing homelessness due to domestic violence.



So far this year, we've raised nearly **\$30,000** for Safe Nights.



To support this critical campaign: visit our website, scan the QR code, return the enclosed donation envelope, or call 616-494-1721

Thank You!

Each month, investments from our Empower members drive initiatives like direct support, digital resources, education programs, and violence prevention training.

Healing from abuse is a long-term journey, and our monthly supporters are dedicated to providing care for survivors for as long as they may need it.

Become a monthly supporter: ResilienceMI.org/Empower

EMPOWER MONTHLY GIVING MEMBERS

Anonymous Members

Linda Allen

James and Angela Betzold

Cliff Burgess

Christina Fierro

Linda Furbush

John and Marjorie Hoekstra

Allyson Huttenga

Lee Karner

Mark and Ellen Krieger

Joseph Laframboise

Beth Larsen

Shannon Pathuis

Richard Schaap

Holly & Robert Schubert

Tyson Smith

Fred and Caroline Van Antwerp

Ezzio and Elizabeth Villaverde

Kent and Carrie Ypma

Lana Zarlenga

Essential Supplies, Critical Support

Guests at our emergency shelter often arrive with nothing, and we swiftly provide essential support, ensuring their safety and helping them find stability.

At right you'll find a list of items regularly needed at the shelter. **The first, bolded items are particularly high demand.**

—
Your generous donations can be dropped off at Resilience's Holland Program Office:
411 Butternut Dr., Holland, MI 49424

- + **New Bath towels**
- + **Shampoo & Conditioner**
- + **Deodorant (men's and women's)**
- + **Pads/Tampons (all sizes/absorbencies)**
- + **Silverware**
- + Free & Clear Laundry Soap
- + Body Wash
- + Toothpaste
- + Hairbrushes (not combs)
- + Plastic or silicone cooking utensils (no metal)
- + Razors

Adopt a Family this Holiday Season

Adopt-a-Family season is nearly here!

If you would like to participate as a volunteer or donor, please e-mail ChristinaS@ResilienceMI.org. For more information, visit www.ResilienceMI.org/adopt



Thank You!

Thank you to the following groups and individuals who have recently partnered with or donated to Resilience:

Allegan County Community Foundation
Legacy Fund

Christine Hassing

Fellowship Reformed Church

Green Koi

Goldkine

Holland Junior Welfare League

Michigan Department of Education

Molina Healthcare

Louis and Helen Padnos Foundation

Semco Energy Gas Company

Walmart #2601 - Plainwell

Walmart #1942 - Holland



Stay informed

Learn more about how to end violence and support survivors and get notified of opportunities, events, and programs by:

- + Subscribing to our **monthly e-newsletters** and **bi-annual newsletter** > scan the QR code below
- + **Visiting our Blog** at ResilienceMI.org/blog
- + **Following @ResilienceMI** on social media



Welcome New Staff

Maddie Lambert, **Sexual Assault Survivor Specialist**

Maddie (she/her) joins us as our full time Sexual Assault Survivor specialist. She graduated from Hope College with her B.A. in education in 2017 and just completed her master's in divinity at Western Theological Seminary earlier this year. Maddie is passionate about amplifying the voices of marginalized populations, cultivating brave spaces for individuals to discover themselves, and advocating for the needs of the people she serves. In her free time, Maddie enjoys playing with her 7th month old daughter Izzy and reading fantasy stories.

Jayla VanMaurick, Shelter Advocate
William Mackey, Shelter Assistant
Amber Robertson, Shelter Assistant

Volunteers groups needed!

We're looking for groups to help us with maintaining the landscaping at our emergency shelter!

If you are interested, please contact Christina Scarpino at ChristinaS@ResilienceMI.org



24-hour Help Line

For immediate support, call

616.392.1970 or 800.848.5991

En Español 616.355.9755

or 866.728.2131

www.ResilienceMI.org

On social media @ResilienceMI

411 Butternut Dr.
Holland, MI 49424

OCTOBER IS DOMESTIC VIOLENCE AWARENESS MONTH

Shatter the Silence. Share the Strength.

KNOWLEDGE IS POWER

*Knowing you aren't
alone is so important."*

– Abby Wilson

BREAKING FREE

*from silence was the first step
in **reclaiming my strength.**"*

– Survivor of Abuse

PREVENT & PROTECT

"To create a ripple effect of healed survivors who want to aid in the support of others' healing journeys starts with me, and the person in front of me. By gaining knowledge of what the cycle looks like, patterns that make you vulnerable, and sharing resources - it can be a way to prevent and protect domestic abuse from hurting the next person."

– Elissa Swihart

Here are some ways you can support survivors:

01 AMPLIFY SURVIVOR VOICE

Share survivor stories and resources on your social media platforms to raise awareness and help others understand the importance of this issue.

02 EDUCATE YOURSELF

Use our website to learn more about the signs of domestic violence, how to support survivors, and the services available.

03 ATTEND OUR EVENTS

Keep an eye on our website's Events page for our annual fundraisers or other opportunities.

04 VOLUNTEER

Consider becoming a volunteer advocate or supporting our outreach efforts.

05 DONATE

Your support allows us to continue providing vital services to survivors. Scan the QR code to make a donation today.

