

RESILIENCE

ADVOCATES FOR ENDING VIOLENCE

Annual Impact Report

Fiscal Year 2024 & 2025





For nearly 50 years,

Resilience has walked alongside survivors, challenging the conditions that allow violence to persist and working to build safer, healthier communities.

Together, we are creating a community where everyone has the opportunity to live with safety, dignity, and hope.

Violence happens here.

Domestic and sexual violence affect thousands of people across Michigan every year.



So does change.

Behind every statistic is a person making difficult choices, seeking safety, rebuilding their life, or trying to heal from what happened.



2024 NUMBERS*

In Allegan and Ottawa Counties:



4,058

domestic violence incidents reported.



2,112

involved a weapon.



2,118

involved a current or former intimate partner.



And statewide,

5,582

rapes were reported in Michigan in 2024. Because sexual violence is significantly underreported, the number is likely much higher.



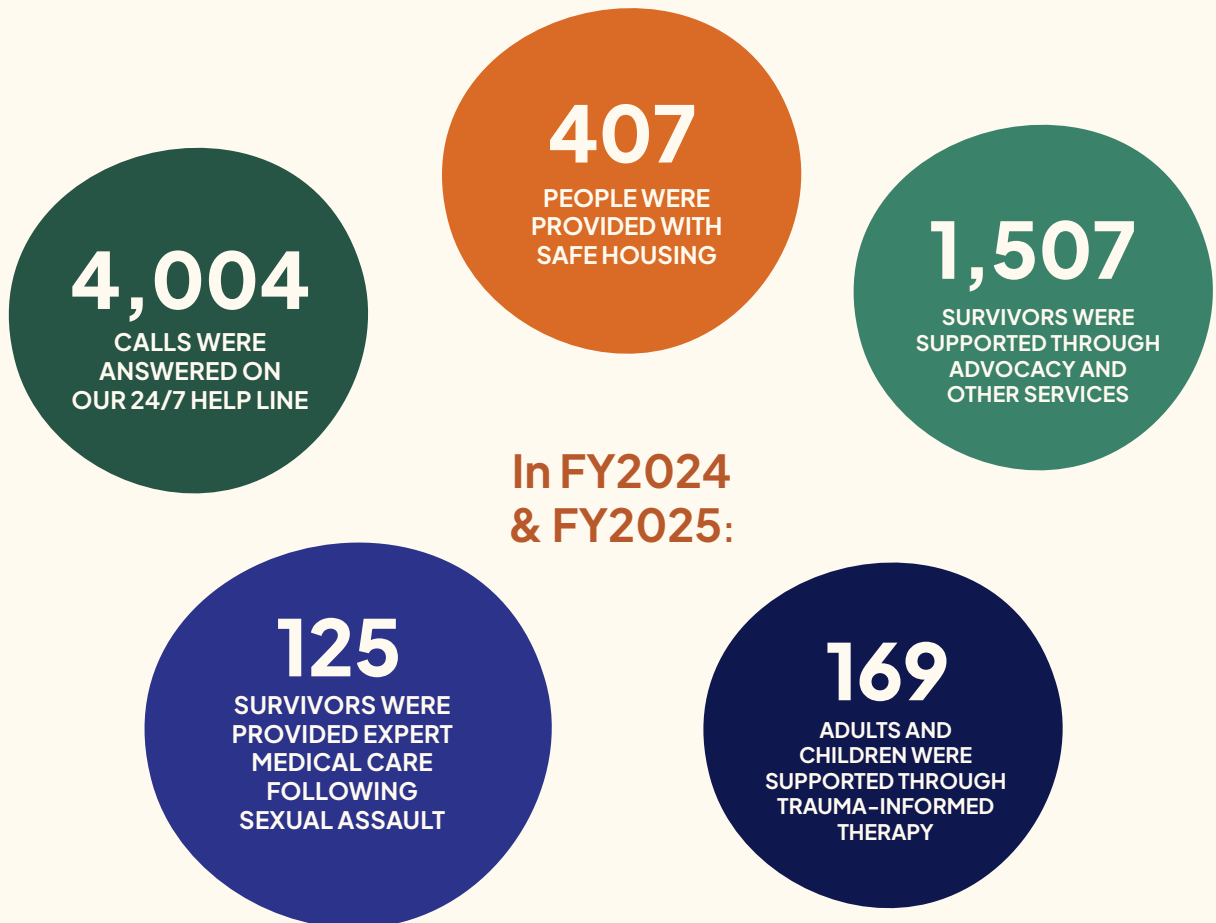
This is why Resilience exists.

We respond when survivors need safety. We provide the tools and support needed to rebuild. And we work to prevent violence before it happens.

*Sources: Michigan State Police Crime Database, RAINN

When someone reaches out, we respond.

For someone experiencing abuse, reaching out for help can be an act of enormous courage. **Our job is to make sure that when they do, someone is there.**



2,181

total individuals served



12,718

volunteer hours

What support can mean to a survivor

"I am so thankful for the help I've received from Resilience. I am stronger and healthier because of the support I was given. It's so comforting to know there is help available with confidentiality and compassion."



What does Resilience mean?



Scan here
to hear from
some of our
team members!

A New Path to Healing

In 2024, Resilience launched Equine-Assisted Therapy with Renew Therapeutic Riding Center, offering survivors a new way to heal, reconnect, and build confidence.

Through the calming presence of horses, participants practice mindfulness, healthy boundaries, emotional regulation, and connection, complementing the work of traditional therapy.

A \$30,000 grant from the Community Foundation of the Holland/Zeeland Area is helping us continue this innovative program and expand possibilities for healing.



*"The **most helpful group** I've ever attended. The facilitators helped me see things **I never would have seen on my own.**"*

**487**YOUNG MEN
PARTICIPATED IN
FY2024 & FY2025.

We don't just respond
to violence.

We work to prevent it.

Ending violence requires more than helping people after harm occurs. It means creating a culture where healthy relationships, respect, consent, accountability, and emotional well-being are taught and practiced long before violence begins.

Building the next generation of healthy leaders

Through our Champions of Healthy Manhood program, young men learn that strength isn't about control. It's about self-awareness, respect, accountability, healthy relationships, and the courage to make different choices.

*"I cannot say enough about how **powerful** this has been in my classroom. I am a firm believer that **ALL of our young men need to go through this program.**"*

- Harbor Lights Middle School Teacher



A different future is possible.

When Marcus* began participating in the Champions of Healthy Manhood program for youth, he was navigating the impact of childhood trauma and struggling to connect with others.

Through the program, he learned new ways to express emotion, built meaningful connections with his peers, and began imagining a future shaped by his own choices rather than his past.

**Name and photo changed for confidentiality*

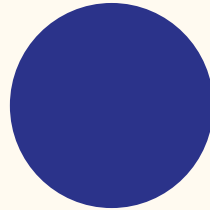
Today, Marcus uses songwriting to process his experiences and believes he can create something different from the violence he witnessed growing up.

When we invest in young people today, we help create safer relationships for generations to come.

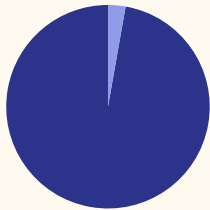


Everyone has a role in prevention.

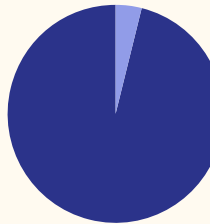
Prevention doesn't stop in the classroom. We equip schools, healthcare providers, businesses, faith communities, and community members with the knowledge and skills to recognize abuse, respond safely, and connect survivors with support. **Of those who completed Resilience trainings in FY25 and completed surveys:**

**100%**

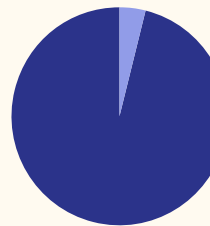
reported greater confidence responding to domestic violence.

**97%**

left with a better understanding of domestic and sexual violence.

**96%**

have used skills they learned in everyday life.

**96%**

became more familiar with local resources for survivors.

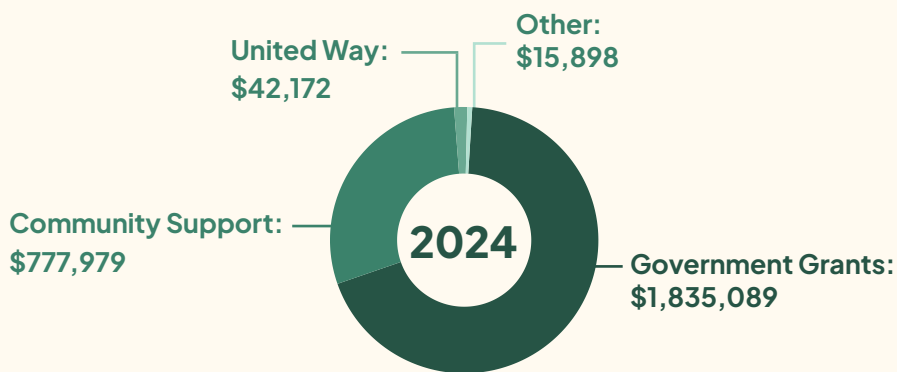


Every person we train becomes another **informed** and **compassionate** person who can **recognize abuse**, **respond safely**, and help create a **safer community**.

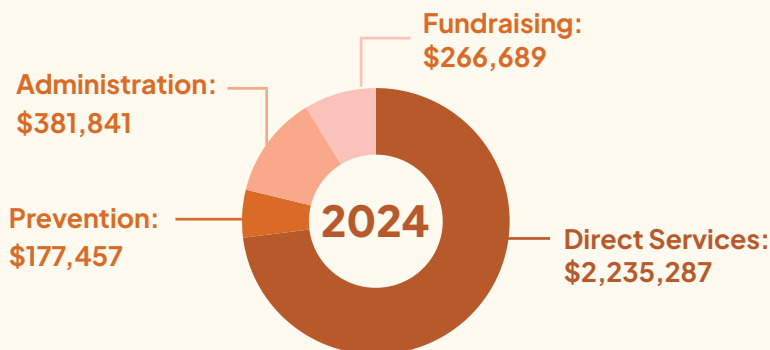
Your investment makes this work possible.

From emergency shelter and supportive housing to therapy, advocacy, medical care, and prevention, donor and grant funding allows Resilience to be there when survivors need us and to invest in the long-term work of preventing violence.

2024 TOTAL OPERATING REVENUE: \$3,291,381

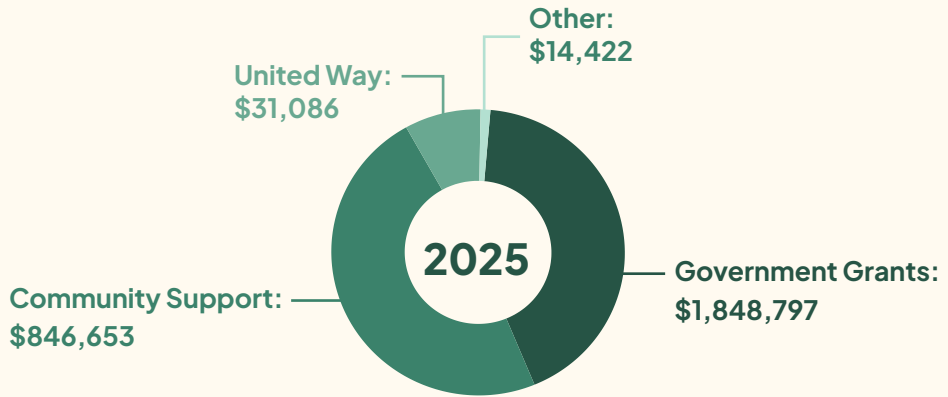


2024 TOTAL OPERATING EXPENSES: \$3,061,274

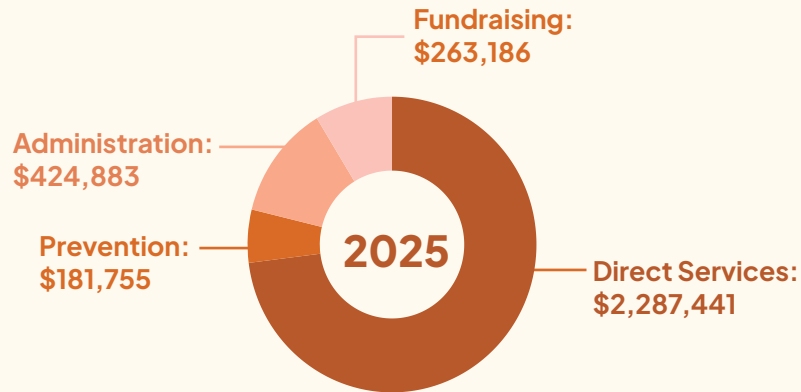


Nearly 80% of our expenses directly supported programs and services in both FY2024 and FY2025.

2025 TOTAL OPERATING REVENUE: \$3,044,902



2025 TOTAL OPERATING EXPENSES: \$3,157,265



Forward Together Endowment growth:



AT A GLANCE

79¢ of every dollar invested directly in survivor services, supportive housing, and prevention.
13¢ admin, 8¢ fundraising

\$4.9M invested over two years to support direct services, supportive housing, and prevention programming.

A Community of Support.

We don't do this work alone. Ending violence takes all of us. Our work is possible because foundations, government partners, businesses, congregations, community organizations, volunteers, donors, and countless individuals choose to invest in safer communities.

We are grateful to the following grant funders whose support helped make this work possible in FY2024 and FY2025:

Allegan County Community Foundation

Allendale Community Foundation

Community Foundation of the Holland/Zeeland Area

The Community Share – A Gentex Charitable Fund

Coopersville Community Foundation

DTE Foundation

Emergency Food and Shelter Program

Fellowship Reformed Church

Grand Haven Area Community Foundation

Holland Junior Welfare League

Homeless Prevention Partners

Kalamazoo Community Foundation:
Remembering Maggie Fund

KFC Foundation

Mary Kay Ash Foundation

Michigan Department of Health and Human Services

Mignon Sherwood Delano Foundation

Louis and Helen Padnos Foundation

Perrigo Charitable Foundation

Sam's Club #6417 – Holland

Springview Foundation

TEGNA Foundation

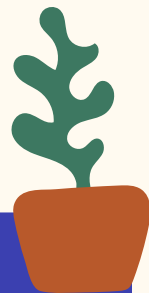
United Way of Allegan and Ottawa Counties

US Department of Housing and Urban Development

Walmart #1942 – Holland

Woodward Charitable Trust

When organizations work together, resources go further, ideas grow stronger, and more people can be reached.



This is what resilience looks like.

It looks like a survivor finding safety.

A family staying housed.

A young person learning what a healthy relationship looks like.

A community member knowing how to respond.

A new path to healing.

A future that looks different from the past.

None of it happens alone.
Ending violence takes all of us.

Thank you for being
part of this work.



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ResilienceMI.org

@ResilienceMI



Support the
next chapter:

